

Lussi On Video

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For almost a decade, Cecily Alexandra Morrow has been assembling material for a skating video demonstrating the coaching techniques of a man who has been called "the father of modern freeskating." Now, Volume I of the four-part video is available. "Systematic Figure Skating: The Spin and Jump Technique of Gustave Lussi" is hosted by Dick Button and features Paul Wylie and other skaters.

Mr. Lussi, over a period of seventy years, not only coached 16 World and Olympic champions, but also invented and first introduced many techniques and skating moves employed in today's exciting jumping and spinning - the flying sit spin, the flying camel, the double Axel, triple jumps, the Hamill camel, and the crossed-leg position in the air for multi-revolution jumps.

Ms. Morrow has recreated, in footage shot in Lake Placid, the "feel" of the teaching situation with coach noted for a teaching style which inspired students to execute faster, more dramatic spins and spectacular jumps. The viewer thus benefits from step-by-step instruction from a teacher whose verbal imagery, as well as technique, has been notably successful.

Information about this historic video presentation, authorized by Gustave Lussi, can be obtained from: Cecily A. Morrow, 207 Earle Ave. Easton, MD 21601; telephone (410) 820-6125.

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